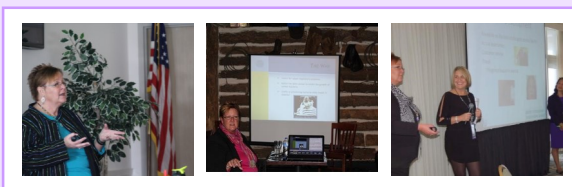




Presenting:

Kris Potts, BS, FAADH, RDH

Impacting Informed Oral Health



Kris is an enjoyable speaker, rich in expertise, with over four decades in dentistry, and is ready to share with you current, emerging material to assist you in taking your career as a dental oral health care provider to the next level. She integrates authentic, relatable experiences into her programs and can make learning entertaining, empowering and elicit reflective thinking.

Kris is an active member of the American Dental Hygienists' Association, a Fellow and accredited Provider with the American Academy of Dental Hygiene and a member of the American Academy for Oral Systemic Health. She can offer AGD/PACE accreditation, *if needed* through the CE Zoom platform or for a fee.

She offers information on prehabilitation of oncology patients, risk assessment, xerostomia, sleep disordered breathing and other dental topics to a cross section of medical, dental offices and consumer, advocacy, support and special interest groups. A favorite aspect is keeping up with the needs of dental professionals "in the trenches".

Kris acts as a Key Opinion Leader for several well-known dental companies.

She is CEO of Oral Health Promotion Strategies, LLC, offering educational speaking, writing, and coaching services for dental professionals and consumers. Kris is an International Speaker and published author contributing articles to RDH magazine, Dental Products Report, Dental Product Shopper, Dentistry IQ, Developing Healthy Habits magazine and contributed a chapter to Volume 5 of *Dare to Be a Difference Maker*. She has been interviewed on *CrossLink Radio*, *The Doctor Bob Show*, *Sound Bites with Claudia*, *A Tale of Two Hygienists*, *Beyond the Prophecy* and *Forever Young Radio* for her expertise.

**Programs can be customized to fit the exact needs of your group from small to large,
for the entire team or hygiene specific, 1 - 4 hours in length!**

Oral Care for the Oncology Patient - Prehabilitation Concepts

It's more than screening for oral abnormalities and providing dental care to patients diagnosed with Oral Cancer. Cancer of any type affects most of us, if not personally then a friend, family member or patient that visits your office. This course covers oral concerns of oncology patients and their caregivers, products to aid in treatment of those oral concerns and how the cancer diagnosis affects treatment considerations in your chair. 1-4 CEU

Protocols For the Dental Office Seeing a Patient with Cancer

Understand why the concepts of Prehabilitation can be so effective, providing access to them, helping to educate them on what to expect during their treatment and become part of their Oncology Team. This course will help you know what information you need to provide safe dental treatment and the best products to recommend for targeted interventions. You have patients every day who are affected by cancer in some way. Don't let them lose their smile to the cancer journey! 1.5 CEU

The Hygienist's Role in Screening of Oral Abnormalities

An astute dental professional is able to recognize oral abnormalities as well as an array of other conditions affecting the oral cavity. The importance of a thorough intra/extra-oral exam and screening all patients for oral abnormalities is an essential part of everyday clinical practice. Identifying areas of concern, clinical appearance, etiology and proper documentation are key aspects of early detection. Determining treatment options requires interdisciplinary communication between general dentist, registered dental hygienist, specialist and physician. 1-3 CEU

“Sometimes Spit *Doesn't* Happen!”

Xerostomia relief has become an increasing concern for dental professionals. Medications are sometimes prescribed prior to elementary school and as we age, polypharmacy can become a part of life. This course reveals the special needs of people suffering from dry mouth at any age for any reason and discusses the importance of creating a healthy oral environment prior to a patient undergoing medical treatments such as chemotherapy, kidney dialysis, or entering an assisted care facility. Also discussed in this course is a review of current dry mouth relief products and how to create and recommend a home care regimen individualized to each patient's needs. 1-2 CEU

Risk Assessments and Caries Management

Dental caries is the most common oral disease seen in dentistry despite advancements in science and continues to be a worldwide health concern. Many suffer from caries infection and the number of individuals susceptible to carious lesions and dental caries continues to expand with increased age. Using risk assessment is an evidence-based approach to recognizing an individual's risk for dental caries. Taking the appropriate steps to reduce this risk at the earliest indications and symptoms of disease rather than waiting for irreversible damage to the teeth to take place is preferred. 1- 3 CEU

“Oral Probiotics – Can This Be What We've Been Missing?”

There is movement in dentistry to treat the oral diseases of caries and periodontal disease at their source, instead of treating just the symptoms. Most of the patients we see in our offices are experiencing some level of dental disease. Biofilms are the true culprit in oral diseases. When biofilms get out of balance, whether due to prolonged or frequent periods of low pH or other causes, demineralization begins. In this course we will learn some tools to add and how to use them! Teaching patients what is causing the problems in their mouth and teaching them how to effectively manage the cause will lead to healthier patients. 1 CEU

Kris' Speakers Fee is inclusive of expenses thanks to Corporate Affiliates that defray some of the costs, in most cases.

Other Speakers with corresponding course topics that harmonize well can be provided, should a full day of courses be desired. Just ask!

Partial List of Past and Future Venues...

Tarrant County College, TX; Kingwood College, TX; State Fair Community College, MO; Coastal Bend College, TX; Lamar Institute of Technology, TX; Halifax Community College, NC; Del Mar College, Wharton College, Temple Junior College, TX; University of Texas Health Science Center-San Antonio, TX; University of Texas Health Science Center, Dental Branch, Houston, TX; Rose State College, OK; Meridian College, MS; Caruth School of Dental Hygiene, Baylor College of Dentistry, ; Louisiana State University; University of Arkansas Mountain Home, Northern Arizona University; Blinn College, TX; Concorde Career College—Dallas, TX, Aurora, CO; Austin Community College, Texas Womans University, Georgia Highland College

Dallas DHS, Austin District DHS, Shreveport DHS, Greater Houston DHS, San Antonio DHS, Rio Grande DHS

Southwest Dental Conference 2013, 2016

Moncrief Cancer Center SPONHC, Fort Worth and Irving, TX

Texas Dental Association, 6th District

Pearls Dental Hygiene Study Club, Inland Northwest Dental Hygiene Study Club, Lakeview Periodontics Study Club

Dental Health Arlington

Straumann Speakers Consortium

Omega Seminars - Austin, Port Arthur, Midland, Spring, College Station, Houston TX

Alaska DHA, Nebraska DHA, Kansas DHA, Missouri DHA, So. Arizona DHA

Atlanta Dental—Simply Hygiene

Career Fusion

RDH—Under One Roof 2017, 2020

Peak Education Grand Rapids, MI

ADHA 2020 Virtual Conference

Xylitol, Xerostomia and Puzzle Solving

In this course you will learn the basic benefits of xylitol and its influence in improving overall health. Xylitol is a definitive player in keeping a balanced pH, preventing enamel demineralization, aiding remineralization and combating the ravages of dry mouth. In addition to the use of fluoride, many products are available as an integral part of a Caries Management protocol. Find out how easily you can incorporate these products into your patient recommendations to improve treatment outcomes and lower their level of risk! 3 CEU