

Presenting:

Kris Potts, RDH, BS, FAADH
Impacting Informed Oral Health
Choices







Kris is an enjoyable speaker, rich in expertise and with over three decades in dentistry is ready to share with you current, emerging material to assist you in taking your career as a dental oral health care provider to the next level. She integrates authentic, relatable experiences into her programs and can make learning entertaining, empowering and elicit reflective thinking.

Kris is an active member of the American Dental Hygienists' Association, a Fellow and accredited Provider with the American Academy of Dental Hygiene and a member of the American Academy for Oral Systemic Health. She can offer AGD/PACE accreditation if needed through the CE Zoom platform or for a fee.

She offers information on prehabilitation of oncology patients, risk assessment, xerstomia, xylitol and other dental topics to a cross section of medical, dental offices and consumer, advocacy, support and special interest groups. A favorite aspect is keeping up with the needs of dental professionals "in the trenches".

Kris acts as a Key Opinion Leader for several well-known dental companies.

She is CEO of Oral Health Promotion Strategies, LLC, offering educational speaking, writing, and coaching services for dental professionals. Kris is a published author contributing articles to RDH magazine, Dental Products Report, Dentistry IQ, Developing Healthy Habits magazine and contributed a chapter to Volume 5 of *Dare to Be a Difference Maker*. She has been interviewed on *CrossLink Radio*, *The Doctor Bob Show* and *Forever Young Radio* for her expertise on xylitol.

BOOK KRIS TODAY!

Here is a <u>partial</u> list of programs Kris offers. All of her programs can be <u>customized</u> to fit the exact needs of your group from small to large, hygiene specific to entire team, 1-3 hours in length!

Preventive Prehabilitation for the Oncology Patient

It's more than screening for oral abnormalities and cleaning the teeth of patients diagnosed with Oral Cancer. Cancer of any type affects everyone, if not personally then as a friend, family member or the patient that comes into your office. This course covers oral concerns of cancer patients and their caregivers, products to aid in their treatment of those oral concerns and, a few other aspects of care you may not have previously considered. 3 CEU

Xylitol, Xerostomia and Puzzle Solving

In this course you will learn the basics of xylitol and its importance to improving overall health. Xylitol is a definitive player in keeping a balanced pH, helping prevent enamel demineralization, aiding remineralization and combating the ravages of dry mouth. It is also an adjunct to the use of fluoride, dental probiotics and an integral part of a Caries Management protocol. Find out how easily you can incorporate xylitol into your recommendations to improve the outcome of your patient's oral health, naturally! 3 CEU

Risk Assessment and Caries Management

Dental caries is the most common oral disease seen in dentistry despite advancements in science, and continues to be a worldwide health concern. Many suffer from caries infection and the number of individuals susceptible to carious lesions and dental caries continues to expand with increased age. Using risk assessment is an evidence-based approach to recognizing a person's risk for dental caries and taking the appropriate steps to reduce this risk at the earliest indications and symptoms of disease, rather than waiting for irreversible damage to the teeth to take place. 1- 3 CEU

"The Systemic Pandemic"

Xylitol, as most dental professionals know, has several ways it can improve dental health. But, many do not know about the overall health benefits of xylitol. This course provides a refresher on the dental health benefits of xylitol and brings attendees up to speed with xylitol's many other amazing health benefits.

We will specifically address the special needs of people suffering from dry mouth; discussing the importance of creating a healthy oral environment prior to a patient undergoing medical treatments such as chemotherapy, kidney dialysis, or entering an assisted care facility. We will review current dry mouth relief products and how to create and recommend a home care regimen to keep our patients' mouths comfortable and healthy. 2 CEU

"Sometimes Spit Doesn't Happen!"

Many dental patients' needs change over time and dry mouth and xerostomia relief become an increasing concern for dental professionals. This course reveals the special needs of people suffering from dry mouth discussing the importance of creating a healthy oral environment prior to a patient undergoing medical treatments such as chemotherapy, kidney dialysis, or entering an assisted care facility. Also, discussed in this course is a review of current dry mouth relief products and how to create and recommend a home care regimen to keep our patients' mouths comfortable and healthy. 1-2 CEU

Kris also works collaboratively with Lisa Stillman, RDH, BS offering programs on Mental Health, Rhoda Kublickis, RDH, MHSc on Forensics, Angie Stone, RDH, BS on Geriatric Care, and Karen Siebert, RDH, BS on American Eagle XP Technology to complete a full day of CE for your group!

BOOK TODAY!!!

Partial List of Past and Future Venues...

Tarrant County College, TX; Kingwood College, TX; State Fair Community College, MO; Coastal Bend College, TX; Lamar Institute of Technology, TX; Halifax Community College, NC; Del Mar College, Wharton College, Temple Junior College, TX; University of Texas Health Science Center-San Antonio, TX; University of Texas Health Science Center, Dental Branch, Houston, TX; Rose State College, OK; Meridian College, MS; Caruth School of Dental Hygiene, Baylor College of Dentistry, ; Louisiana State University; University of Arkansas Mountain Home, Northern Arizona University; Blinn College, TX; Concorde Career College—Dallas, TX, Aurora, CO; Austin Community College, Texas Womans University

Dallas Dental Hygienists 'Society, Austin District Dental Hygienists' Society

Shreveport Dental Hygienists' Society, Greater Houston DHS

San Antonio Dental Hygienists' Society, Rio Grande Dental Hygienists' Society

Southwest Dental Conference

Moncrief Cancer Center SPONHC, Fort Worth and Irving, TX

Texas Dental Association, 6th District

Pearls Dental Study Club

Dental Health Arlington

Omega Seminars - Austin, Port Arthur, Midland, Spring, College Station, TX

The Women of Austin

Nebraska Dental Hygienists Association

Career Fusion

Missouri Dental Hygienists Association

Southern Arizona Dental Hygienists Association

RDH—Under One Roof